

## Friday – FINAL wave start times

Please make sure you arrive 1 hour before your start time to ensure you complete registration promptly

Wave 1 - 14:00		
Individual	Chris	Borderick
Individual	Ian	Abbs
Individual	Salima	Khanom
Individual	Kieran	Metcalf
Individual	Michael	Bramford
Individual	Sean	Deane
Individual	Linnie	Pontin
Individual	Jennifer	Watts
Individual	Annette	Fogarty
Individual	Antonia	Buczel
Individual	Lucie	Clayton
Individual	Diana	Pipe
Individual	Stephen	Woodley
Individual	Stuart	Newman
Individual	Mary	Chou
Individual	Sue	Coates
Individual	Sarah	Poll
Relay	Mieke	Van Hemelrijck
	Aida	Santaolalla
	Ronda	Arthur
Relay	Sarah	Rudman
	Charlotte	Moss
	Rosemary	Drescher
Relay	Sophie	Papa
	Matthew	Young

	Gincy	George
Relay	Ana Parente	Pereira
	Deb	Enting
	Fee	Cahill

Wave 3 - 15:05		
Relay or individual	First name	Surname
Individual	Wim	Tromp
Individual	Katy	Cheeve
Individual	Sam	Jones
Individual	Mark	Halstead
Individual	John	Hughes
Individual	Alice	Dix
Individual	Liam	Dix
Individual	Andy	Slater
Individual	RHYS	LEWIS
Relay	Elizabeth	Jackson
	Allegra	Dowding
	Daniel	Humphries
Relay	Jeremy	Gillman
	Elliot	Rose
	Stephen	Edgar

Wave 5 - 16:10		
Relay or individual	First name	Surname
Individual	Victoria	Kingham
Individual	Georgina	Smith
Individual	Tim	Harman

Individual	Michael	Hill
Relay	Jack	Stamp
	Caitlin	Rixon
	Zoheb	Shah
Relay	Nino	Gulati
	Sahron	Moore
	Talia	Hanif
Relay	Mary	Beaney
	Glenn	Nickhols
	Jaimee	Jensen
Individual	Holly	Wilkinson
Individual	Aaron	Whittington
Individual	Joanna	Blankleder
Individual	Gladys	Micolon de Guerines
Individual	Nicholas	Trafford
Individual	Andrew	Travers

Wave 6 - 16:48		
Relay or individual	First name	Surname
Individual	Kate	Langford
Individual	Damon	cartwright
Individual	sarah	dodds
Individual	CARENA	LEWIS
Individual	Marcelo	Viana Canda
Individual	Nina	Grootveld
Individual	Amy	Teichman
Individual	Richard	Russell
Individual	Nicholas	Albertini

Individual	Amar	Patel
Individual	Luca	Prosperi
Individual	Sam	Sturge
Individual	Isabel	Olea Pantoja
	Tessa	McGuire
Individual	Kate	Rettie
Individual	Kelly	Shek
Relay	Matthew	Norridge
	Kirsteen	McCulloch
	Richard	Gordon

Wave 7 - 17:26		
Relay or individual	First name	Surname
Individual	Patrick	Tierney
Individual	Mariusz	Marcinkowski
Individual	Jenna	Badjan
Individual	Mo	Badjan
Individual	Paul	Heffernan
Individual	Jelena	Lando
Individual	David	Renton
Individual	María	Hernández Warrick
Individual	Matt	Harlin
Individual	Musharraf	Ismail
Individual	Mitul	Gohil
Individual	Katerina	Epaminonda
Individual	Jane	Dunton
Individual	Muz	Hussain
Individual	Cath	Morgans

Individual	Maire	Ring
Relay	Shelley	Riphagen
	Jared	Cook
	Richard	Morton
Relay	Marilyn	McDougall
	Mike	Cook

Stairclimb wave - 17:30		
Individual	First name	Surname
Individual	Nick	Millman

Wave 8 - 18:04		
Relay or individual	First name	Surname
Individual	Lisa	Forman
Individual	Alexander	Ferguson
Individual	Christopher	Roemer
Individual	Shelly Marie	Frick
Individual	Helen	van Riel
Individual	George	Flather
Individual	Antigoni	Bochoridi
Individual	Daniel	Grazel
Individual	Matthew	Willis
Individual	Andrew	Wieser
Individual	Jon-Henry	Lamb
Individual	Steven	Dunbar
Individual	Zahid	Malik
Individual	Zain	Khan

Individual	Matt	Brown
Individual	martina	robinson
Individual	Colin	Tham
Individual	Neha	Bhardwaj
Individual	Holly	Kew
Individual	ben	challacombe
Individual	Paul	Cathcart
Individual	Francesca	Matthews
Individual	Ben	Namdarian
Individual	Harold	Obana
Individual	Rick	Catterwell
Individual	Emma	Oakley
Individual	Caroline	oakley
Individual	Michelle	Leek
Individual	Eugene	Beattie
Relay	Wei Ming	Pang
	Roland	Carandang
	Ekram	Chowdhury

<b>Stairclimb wave - 18:10</b>		
<b>Individual</b>	<b>First name</b>	<b>Surname</b>
Individual	Rodion	Mikhailovski

<b>Wave 9 - 18:44</b>		
<b>Relay or individual</b>	<b>First name</b>	<b>Surname</b>
Individual	Lindsay	Dart

Individual	Antigoni	Bochoridi
Individual	Mike	Valitan
Individual	Jarlath	O'Brien
Individual	Andy	Willis
Individual	Jared	Scott
Individual	Alexandre	Baker
Individual	Krithika	Narayan
Individual	Ben	Wicks
Individual	Ben	Needham
Relay	Hugh	Lemonde
	Emma	Hassan
	Carla	Fitzachary
Relay	Marcus	Bankes
	Alastair	Dick
	Mike	Wyatt